

KtR Mitts

by Arenda Holladay



Sizes

XS (S, M, L)

Finished Measurements

Hand Circumference (above thumb): 7.25 (8, 8.75, 9.25)”

Length: 9 (9, 9.5 9.5)”

Materials

Knit Picks SWISH DK WEIGHT (123yds/113m, 50g/1.76oz, 100% Fine Superwash Merino Wool.): 1 skein each #24632 Serrano (Color A), #27224 Clementine (Color B), #26061 Honey (Color C), #24951 Peapod (Color D), #28644 Bluebird (Color E), and #24310 Amethyst Heather (Color F)

Size 4 (3.5mm) set of 5 dpns or, if doing magic loop method, a 40” (100cm) circular needle plus dpns for thumb, or size needed to obtain gauge

Stitch markers

Waste yarn

Tapestry needle

Gauge

In St st, 26 sts & 36 rnds = 4”/10cm. To save time, take time to check gauge.

Abbreviations

EOR—End of round.

Inc1R—Right Lifted Increase: knit into right leg of st below next st on left needle, then knit the st.

Inc1L—Left Lifted Increase: Knit the st, then knit into the purl nub of the st below the st just knitted.





Special Techniques

To work the horizontal chain stitch, k2. Drop both stitches from the needle, and insert the right needle behind the first stitch into the second stitch. Place first stitch on left needle, k1 tbl, k1. *Drop last 2 stitches from RH needle. Insert the right needle behind the first stitch and into the second stitch. Place first stitch on left needle, and k1 tbl, k1. Repeat from *. Take care to work the stitches tightly to keep it neat. This [video](#) demonstrates this technique. Note that the sample mitt in the video was a test version, not the final version.

DESIGNER NOTE—The left mitt has the colors worked from Color A to Color F. These colors are reversed for the right mitt.

Left Mitt

Using the long-tail method and Color A, CO 48 (52, 56, 60) sts.

Setup Rnd 1: Join, taking care not to twist the sts, pm to mark EOR, *k2, p2; rep from * to EOR marker. Work 10 rnds in pat as est.

Next Rnd: Work 10 sts in pat as est, pm, work to EOR marker.

DESIGNER NOTE—The horizontal chain stitch is worked as a decorative element at the color changes. For the left mitt, 10 stitches are worked in pattern and then the horizontal chain stitch is worked for the next 50 (54, 58, 62) stitches to overlap the chain stitch. Then the same is done for the next color. As stated above, this technique can be quite fiddly. If you find it unpleasant, then you can omit these instructions and just change colors using a jogless join.

Pat Rnd 1: Work in pat as est to second marker, k10 (12, 14, 16) sts, work next 50 (54, 58, 62) sts in horizontal chain stitch.

Pat Rnd 2: Using Color B, work next 50 (54, 58, 62) sts in horizontal chain stitch.

Work 9 rnds in St st ending at the second marker. Rep Pat Rnd 1.

Using Color C, work Pat Rnd 1. Work 9 rnds in St st ending at the second marker. Rep Pat Rnd 1.

DESIGNER NOTE—The thumb gusset for the left mitt is worked at the right side of the mitt on either side of the EOR marker. The horizontal chain is worked in Color D, then the thumb gusset is worked. Two additional markers are placed on either side of the EOR marker to mark where lifted increases are worked to shape the gusset. The EOR marker is removed until the thumb gusset is complete. One additional stockinette round is worked before the gusset shaping begins.

Hand and Thumb Gusset

Using Color D, work Pat Rnd 1.

Work 1 rnd in St st up to 1 st before EOR marker, pm, k1 remove marker, k1, pm.

Work 1 St st rnd to the first marker for the gusset.

Inc Rnd 1: Work to first gusset marker, sm, Inc1R, Inc1L, sm, work to end of rnd—50 (54, 56, 62) sts—4 sts bet markers.

Next Rnd: Work in pat as est.

Inc Rnd 2: Work in pat to first marker, sm, Inc1R, knit to 1 st before next marker, Inc1L, sm, work to end of rnd.

Work 2 rnds in pat as est.

Rep last 3 rnds 2 (2, 3, 3) more times—10 (10, 12, 12) sts bet markers.

Work 1 rnd.

Inc Rnd 3: Work in pat to first marker, sm, Inc1R, knit to 1 st before next marker, Inc1L, sm, work to end of rnd.

Work 3 rnds in pat as est.

Rep last 4 rnds 1 (1, 2, 2) more time(s)—14 (14, 18, 18) sts bet markers.

TECHNICAL TIP—Once the gusset is complete, the thumb stitches are placed on waste yarn and the hand stitches are worked. It is necessary to close the gap at the thumb by adding two stitches. Most patterns suggest using the “e” cast-on technique to create these stitches. I’ve found this adds extra yarn at the location, which makes the join look sloppy. I prefer to work a tight yarn over at the join and then use this strand on the next round to create two M1 increases. To simplify the pattern, it states “CO 2” but you can use any technique you want to add these two stitches. The EOR marker is returned to its original position.

Top of Hand

Work to first marker and remove it. Place next 14 (14, 18, 18) sts on waste yarn. Remove second marker. CO 1 st, pm, CO 1 st to join front and back of hand.

Work 3 in rnds in St st, ending at second marker.

Work Pat Rnd 1.

Using Color E, work Pat Rnd 1.

Work 9 rnds in St st ending at the second marker. Rep Pat Rnd 1.



Using Color F, work Pat Rnd 1.

Work 9 rnds in K2P2 ribbing, ending at EOR. BO in pat.

DESIGNER NOTE—Refer to the [Special Topics in Finishing article](#) from the Fall 2019 issue () for ways to pick up the stitches so that the join is neater. This requires picking up two additional stitches which are then decreased. If you do not plan to use this technique, do not add the additional stitches. The thumb is worked over a total of 16 (16, 20, 20) stitches.

Thumb

Transfer the Thumb sts to dpns—14 (14, 18, 18) sts. Pick up 2 sts at the join of the hand, pm, pick up 2 additional sts to decrease on the next rnd.

Work in St st for 4 rnds.

Work 5 rnds in K2P2 ribbing. BO in pat.

DESIGNER NOTE—The order of the colors is reversed for the right mitt.

Right Mitt

Using the long-tail method and Color F, CO 48 (52, 56, 60) sts.

Setup Rnd 1: Join, taking care not to twist the sts, pm to mark EOR, *k2, p2; rep from * to EOR marker. Work 14 rnds in pat as est.

Next Rnd: Work 14 sts in pat as est, pm, work to EOR marker.

Work as for the Left Mitt except reverse the colors (if desired) until the Hand and Thumb Gusset.

Hand and Thumb Gusset

Using Color C, work Pat Rnd 1.

Next Rnd: K23 (25, 27, 29) sts, pm, k2, pm, work to EOR.

Work in St st to the first marker for the gusset.

Work rest of mitt as for the Left Mitt.

Finishing

Weave in the yarn tails. As you weave in the tails, close any gaps between the thumb and hand.

Block.