

Rivers and Rainbows



If you know anything about me, you know how I support teens and young adults who face obstacles. There are organizations in major cities doing their best to support LGBTQ+ homeless youth. This mitten and hat set, like my Slippin' set, are knit in Wool and the Gang Feeling Good yarn and have a handy little space to slip your fingers through for those times when you need just a bit more dexterity without losing any warmth. I also added a river motif to represent the struggle our LGBTQ+ youth/young adult encounter and how it sometimes feels like swimming upstream. Often I see a yarn I like or want to try, I get a few colors in single skeins. Please make these items from your warm, single skeins, or odd ends and send them to [Knit the Rainbow*](#) and make a difference for homeless LGBTQ+ youth/young adults.

This mittens and hat set is a perfect way to use your 9wpi handspun yarn. Lofty, fluffy wool yarn will keep hands and head warmer than tightly spun yarn. The mittens should not be too tight. The hat is written to have 10% negative ease so it's snug. Please choose the size that is desired as some people like their hats looser or tighter.

Experience Level: The knitter should have experience in the following techniques

- Knit stitch
- Purl stitch
- Knitting in the round and flat
- Increases and decreases
- Provisional cast on
- Grafting or Three-Needle Bind Off
- Cast on and bind off

Materials:

Needles: Mittens - 2 cir or 1 set of dpns US 9/5 mm

Hat - 16 in cir US 9/5 mm

Yarn: Mittens - 2 balls Wool and the Gang Feeling Good yarn, 9 wpi, bulky, 142 Yds / 130m, shown in Duck Egg Blue, size M which used 128 yds/117m

Hat - 1 ball Wool and the Gang Feeling Good yarn, 9 wpi, 142 Yds / 130m, shown in Lilac Powder, size M which used 83 yd/76m

Stitch markers

Waste yarn stitch holders

Gauge: 16 1/2 sts x 24 rows 4 in/5 cm in st st *Make sure to check your gauge*

Sizes: Mittens - S(M, L) or 5 1/2 (7, 8 1/2) in /14(18, 21 1/2) cm hand circumference

Hat - S(M, L) or to fit 20(22, 24) in/50.5(56, 61) cm circumference

Instructions

Mittens

Using a provisional cast on, CO 8

Continue working the River chart for 4 1/2 (6, 7 1/2) in /11.5(15, 19) cm

If you cannot end on row 20, decrease evenly on your last row to 8 sts.

Place the provisionally cast on sts on needle, graft cast on row to last row worked or use Three-Needle bind off to create cuff.

Pick up 27(31, 39) sts beginning at row 1 where you joined your cuff edges along the garter edge. The eor will on the thumb edge of the hand. Do not turn, pm for eor. Continue in the round.

Knit 1(2, 3) rounds

Thumb Gusset

M1L, k1, M1R, pm, K to eor

K two rounds

*M1L, k to marker, M1R, slip marker, knit to eor

K two rounds*

Repeat * to * until 9(11, 13) sts between markers

Put 9(11, 13) sts between markers on a waste yarn stitch holder, CO 1 st, work to eor.

Continue until total 3(4 1/2, 6) in/7.5(11.5, 15) cm above ribbing, or 1 3/4 (2 1/4, 2 1/2) in/4.5(5.5, 6.5) cm less than total desired length.

Right Mitten

K 1(2, 3) sts, put 10(11, 12) sts on a waste yarn stitch holder, cast on 10(11, 12) using knitted on method, knit to eor

*K 1(2, 3), work following 10(11, 12) sts in k1p1 rib, knit to eor

Repeat from * a total of 4 rounds

Continue in st st until the st st portion is 4(5 1/2, 7) in/10(14, 18) cm or 1(1 1/2, 1 3/4) in/2.5(4, 4.5)cm less than desired length

Dec 1 st on last round 24(30, 36) st

Skip to Shape Top

Left Mitten

K 13(17, 22) sts, put 10(11, 12) sts on a waste yarn stitch holder, cast on 10(11, 12) using knitted on method, knit to eor

*K 13(17, 22) work following 10(11, 12) sts in k1p1 rib, knit to eor

Repeat from * a total of 4 rounds

Continue in st st until the st st portion is 4(5 1/2, 7) in/10(14, 18) cm or 1(1 1/2, 1 3/4) in/2.5(4, 4.5)cm less than desired length

Dec 1 st on last round 24(30, 36) st

Skip to Shape Top



Shape top

SSK, k 8(11, 14), k2tog, pm, SSK, k 8(11, 14), k2tog, pm

Knit 1 round

*SSK, k to two sts before marker, k2tog, SSK, k to 2 sts before marker, k2tog

Knit 1 round

Repeat from * until 8(10, 12) sts remain

Graft first 4(5, 6) sts to second 4(5, 6) sts

Pick up 10(11, 12) sts from waste yarn stitch holder

Work back and forth k1p1 for 1 in

Bind off

Thumb

Using CC pick up sts from waste yarn stitch holder, pick up 2(3, 4) sts from gap between thumb and hand 11(14, 17) sts

Knit until thumb is $\frac{3}{4}$ (1 $\frac{1}{2}$, 2) in /2(3.8, 5) cm

(K2tog, k1) 3(4,5) times, k2tog 1(0, 1) time 4(4, 11) sts

Sizes S and M – Break yarn and thread through remaining sts, draw snug

Size L – K 1 round

K2tog to last st, k1 (6 sts)

Break yarn and thread through remaining sts, draw snug

Weave in any loose ends.

Hat

Using a provisional cast on, CO 8

Continue working the chart for 18(19 $\frac{1}{2}$, 21 $\frac{1}{2}$) in /45.5 (49.5, 54.5) cm or desired circumference. If you cannot end on row 20, dec evenly on your last row to 8 sts.



Place the provisionally cast on sts on needle, graft cast on row to last row worked or use Three-Needle bind off to create brim.

Pick up 74(80, 88) sts beginning at row 1 where you joined your brim edges along the garter edge. Do not turn, pm for eor. Continue in the round.

Knit in st st for 2 $\frac{3}{4}$ (3 $\frac{3}{4}$, 4 $\frac{3}{4}$) in/8(11, 13.5) cm

Dec 2(2, 4) evenly on next round, 72(78, 84) sts

Ssk, *k10(11, 12), pm, ssk, repeat from * to eor, 6 sts dec

*Ssk, knit to marker, slip marker, repeat from * until 6 sts remain, cut yarn, pull through sts, weave in ends.

Options

Mitts – complete each mitten until instructions indicate Right Mitten or Left Mitten. If you prefer open ended mitts, continue as follows:

K1P1 for 4 rounds, or as desired.

BO loosely.

Open thumb – continue as written for Thumb until thumb is $\frac{1}{2}$ (1 $\frac{1}{4}$, 1 $\frac{3}{4}$) in /1(3, 4.5) cm.

Continue in K1P1 ribbing for 2 rows, or as desired. BO loosely.

River Chart

20	14	13	12	11	10	9	8	7	6	5	4	3	2	1	Key
															☐ Knit k
18															(RS) Knit (WS) Purl
16															☑ Knit 2 Together k2tog
14															(RS) Knit 2 stitches together (WS) Purl 2 Together
12															☐ Purl p
10															(RS) Purl (WS) Knit
8															☒ Slip Slip Knit ssk
6															(RS) slip, slip, knit slipped sts together (WS) slip, slip, purl slipped sts together
4															■ No Stitch x
2															(RS) No Stitch (WS) No Stitch
															○ Yarn Over yo
															(RS) Yarn Over (WS) Yarn Over

Black squares are not sts and are not worked

- Row 1: k8 (8 sts)
- Row 2: p1, k3, p4 (8 sts)
- Row 3: k3, yo, k1, yo, k4 (10 sts)
- Row 4: p1, k3, p6 (10 sts)
- Row 5: k3, yo, k3, yo, k4 (12 sts)
- Row 6: p1, k3, p8 (12 sts)
- Row 7: k3, yo, k5, yo, k4 (14 sts)
- Row 8: p1, k4, p9 (14 sts)
- Row 9: k3, yo, ssk, k2, k2tog, yo, k5 (14 sts)
- Row 10: p1, k5, p8 (14 sts)
- Row 11: k2, ssk, yo, ssk, k2tog, yo, k6 (13 sts)
- Row 12: p1, k6, p6 (13 sts)
- Row 13: k2, ssk, yo, ssk, k7 (12 sts)
- Row 14: p1, k6, p5 (12 sts)
- Row 15: k2, ssk, yo, ssk, k1, k2tog, k3 (10 sts)
- Row 16: p1, k2, p7 (10 sts)
- Row 17: k2, ssk, yo, ssk, k4 (9 sts)
- Row 18: p1, k2, p6 (9 sts)
- Row 19: k2, ssk, yo, ssk, k3 (8 sts)
- Row 20: p1, k2, p5 (8 sts)

Abbreviations

St(s) – stitch(es)	St st – stockinette stitch, knit on the right side, purl on the wrong side
K – knit	K2tog – knit two stitches together, decreasing by one stitch
Ssk – slip 2 stitches knitwise, one at a time, insert left needle into front of slipped stitches and knit together through the back loops, decreasing by one stitch	EOR – end of row/round
BOR – beginning or row/round	Rep – repeat
PM – place marker	CO – cast on
BO – bind off	P – purl
RS – right side	WS – wrong side
inc – increase	dec – decrease
M1R – make one right leaning	M1L – make one left leaning
Yds – yard(s)	M – meter(s)
In – inch(es)	Cm – centimeter(s)